




February 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Heart Month Make heart healthy choices this month such as: quitting smoking, eating a healthy and balanced diet, getting enough sleep, & exercising. 		CELEBRATE BLACK HISTORY MONTH 2019 Theme: Black Migrations	 Lego Exhibition On display until March 31 10am-4pm Sidney Museum By Donation		1  Happy Birthday Tyler (Saturday) Challenger Baseball Registration @ Hampton Clubhouse 1:00-4:00pm	2 Integrated Swim @ Oak Bay FREE 11:30am-1pm Groundhog Day  Big Leaf Maple Syrup Festival BC Forest Discovery Centre 10:00am-4:00pm \$10 2.99 Movie: Jurassic World: Fallen Kingdom 11 am @ Cineplex Westshore
3 Big Leaf Maple Syrup Festival BC Forest Discovery Centre 10:00am-4:00pm \$10 Challenger Baseball Registration @ Hampton Clubhouse 1:00-4:00pm	4 World Cancer Day Adapted Fitness \$2 @Vic West Community Centre 11:15am-12:00pm  New Moon	5 Chinese New Year  Safer Internet Day  Memorial Service for Paul Cottrell 1pm Kinsman Field House Free Legal Clinic Burnside Gorge Centre 2-3pm	6 JDF Social Club Dance 7:00-8:30	7 Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm	8	9 Integrated Swim @ Oak Bay FREE 11:30am-1pm International Pizza Day 
10 Chinese New Year Celebrations Gate of Harmonious Interest (China Town, Downtown Victoria) 12:00-3:30pm FREE Chinese lion dance, Kung Fu demonstrations, & other cultural performances	11 Adapted Fitness \$2 @Vic West Centre 11:15am-12:00pm	12  Happy Birthday Melissa SABF St. Aiden's Church 11:30 – 1:00 Free Legal Clinic Burnside Gorge Centre 2-3pm	13 Challenger Baseball Registration @ Hampton Clubhouse 5:00-8:00pm JDF Social Club Dance 7:00-8:30	14 Valentine's Day  Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm	15 National Flag of Canada Day  Pro-D Day  SD61, SD62, & SD63	16 Integrated Swim @ Oak Bay FREE 11:30am-1pm Sensory Friendly Movie: The Lego Movie 2 10:30 am \$8.99 Cineplex Westshore 2.99 Movie: The House with a Clock in its Walls 11 am @ Cineplex Westshore
17 Random Acts of Kindness Day	18 Family Day Free Family Day Activities Oak Bay Swim 6:30-8:30pm Esquimalt (Archie Browning) Skate 1-2:50pm Swim (time TBD) + BBQ by donation 11am-2pm Panorama Skate 1-2:20pm Swim 1:30-3pm	19  Cowichan Valley SABF Duncan Library 12:00 – 1:30 Free Legal Clinic Burnside Gorge Centre 2-3pm  Full Moon	20  Happy Birthday Kerry JDF Social Club Dance 7:00-8:30	21 Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm	22 World Encephalitis Day Be a Tourist in Your Hometown Starts Fri Feb 22 nd – Sun Feb 24 th & Fri Mar 1 st – Sun Mar 3 rd \$15 card gets your free and discounted activities!	23 Integrated Swim @ Oak Bay FREE 11:30am-1pm 2.99 Movie: Johnny English Strikes Again 11 am @ Cineplex Westshore
24  Happy Birthday Marley	25 Adapted Fitness \$2 @Vic West Centre 11:15am-12:00pm	26 Free Legal Clinic Burnside Gorge Centre 2-3pm	27 Challenger Baseball Registration @ Hampton Clubhouse 5:00-8:00pm  Pink Shirt Day Stand up to bullying by wearing Pink! JDF Social Club Dance 7:00-8:30	28 Last Day to Register for My Community 4! http://bit.ly/MyCommunity4 Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm	 SAVE THE DATE MARCH 5th 2019 STAY TUNED FOR MORE DETAILS My Community 4 Tuesday March 5th Salvation Army Citadel http://bit.ly/MyCommunity4 Register by Feb 28th	

Low Cost Drop In Recreation Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Skate 		<u>West Shore - \$2</u> 10:30-11:20am <u>Esquimalt - \$2</u> 11:30-12:50am <u>Pearkes - \$3.25</u> 3:15-4:15pm	<u>SEAPARC Leisure Complex - \$2</u> 11:30am-12:45pm <u>Save on Foods - \$2</u> 3:00-4:15pm <u>Oak Bay - \$3</u> 6:30-7:45pm	<u>Pearkes - \$3.25</u> 3:00-4:10pm <u>Panorama - \$2</u> 3:00pm-4:20pm	<u>West Shore - \$2</u> 12:00-12:50pm <u>Oak Bay - \$3</u> Midnight-1:30am	<u>West Shore - \$2</u> 1:30-2:30pm	<u>Oak Bay - \$3</u> 8:30-10:00pm
Swim  * = adults only	<u>Gordon Head - \$3.25</u> 10:00am-12:00pm <u>SEAPARC Leisure Complex - \$2</u> 6:00pm-8:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3.25</u> 12:00-2:30pm 9:30-10:30pm* <u>SEAPARC Leisure Complex - \$3</u> 8:00pm-9:00pm <u>Crystal Pool - \$2*</u> 9:00-11:00pm <u>Commonwealth - \$3.25*</u> 9:00pm-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>West Shore - \$2</u> 7:30-8:30pm <u>SEAPARC Leisure Complex - \$3</u> 8:00pm-9:00pm <u>Commonwealth - \$3.25*</u> 9:00pm-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Gordon Head - \$3.25*</u> 9:30-10:30pm <u>Crystal Pool - \$2*</u> 9:30pm-11:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3.25</u> 12:00-2:30pm 9:30-10:30pm* <u>SEAPARC Leisure Complex - \$3</u> 8:00pm-9:00pm <u>Commonwealth - \$3.25*</u> 9:00pm-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Crystal Pool - \$2*</u> 9:00pm-11:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>West Shore - \$2</u> 7:30-8:30pm <u>Commonwealth - \$3.25*</u> 9:00pm-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Gordon Head - \$3.25*</u> 9:30-10:30pm <u>Crystal Pool - \$2*</u> 9:30pm-11:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3.25</u> 12:00-2:30pm 9:30-10:30pm* <u>SEAPARC Leisure Complex - \$2</u> 1:00pm-2:30pm <u>Panorama - \$2</u> 6:30pm-9:00pm <u>Esquimalt - \$2/\$3</u> 7:00pm-9:00pm (\$3) 9:00pm-10:30pm (\$2) <u>Crystal Pool - \$2</u> 8:30pm-10:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3.25</u> 11:00am-12:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am
Weight Room 		<u>Pearkes - \$3.25</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3.25</u> 12:00-2:30pm 9:30-10:30pm <u>West Shore - \$5</u> 5:15pm-6:00pm	<u>Pearkes - \$3.25</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3.25</u> 9:30-10:30pm	<u>Pearkes - \$3.25</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3.25</u> 12:00-2:30pm 9:30-10:30pm <u>West Shore - \$5</u> 5:15pm-6:00pm	<u>Pearkes - \$3.25</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3.25</u> 9:30-10:30pm	<u>Pearkes - \$3.25</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3.25</u> 12:00-2:30pm	

Drop in's may be cancelled for special events.