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|---|---|--|--|---|---|---|--|---|
|           | <p>Always remember that you are absolutely unique. Just like everyone else.<br/>Margaret Mead</p> <p>39 Days of July Free music daily 12 - 8pm<br/>Charles Hoey Memorial Park, Duncan<br/>Chemainus Theatre Presents: Footloose - The Musical<br/>For times - <a href="http://chemainustheatrefestival.ca">http://chemainustheatrefestival.ca</a></p> |  |  |   | <p>1 Canada Day<br/>Inner Harbour &amp; Gorge Waterway</p>   | <p>2 Big Gay Dog Walk</p> <p>Oak Bay Rec<br/>11:30 - 1:00<br/>FREE!</p>  |  |   |
| <p>3 Beacon Hill Bandshell<br/>LIVE MUSIC<br/>Sundays 130 - 320<br/>Tuesday 630 - 830</p> | <p>4 Craft Night @ H.O.<br/>6 - 7:30</p> <p>New Moon</p>     | <p>5 Ball Hockey<br/>same place &amp; time</p>    | <p>6</p>                               | <p>7 Live Music Performances<br/>Centennial Square<br/>12 - 1<br/>Thursdays</p>                               | <p>8 Eid al Fitr 7 - 9th</p>  <p>2:00 to 2:30pm @<br/><a href="http://www.coopradio.org">www.coopradio.org</a></p>  | <p>9</p> <p>Oak Bay Rec<br/>11:30 - 1:00<br/>FREE!</p>                   |  |   |
| <p>10 Pride Parade</p>  |    | <p>12</p>  | <p>13</p>                              | <p>14</p>   | <p>15</p> <p>2:00 to 2:30pm @<br/><a href="http://www.coopradio.org">www.coopradio.org</a></p>   | <p>16</p> <p>Oak Bay Rec<br/>11:30 - 1:00<br/>FREE!</p>                |  |   |
| <p>17</p>   | <p>18</p>   | <p>19 Ball Hockey<br/>same place &amp; time</p> <p>Full Moon</p>   | <p>20 Buskers Festival 15th - 24th</p> |   | <p>21</p> <p>2:00 to 2:30pm @<br/><a href="http://www.coopradio.org">www.coopradio.org</a></p>   | <p>23</p> <p>Oak Bay Rec<br/>11:30 - 1:00<br/>FREE!</p>                |  |   |
| <p>24</p>   | <p>25</p>   | <p>26 Free Legal Clinic<br/>Tuesdays 2 - 3pm<br/>Burnside Gorge<br/>Community Centre<br/>for appointment<br/>250-388-5251</p>  | <p>27</p>                              | <p>28 World Hepatitis Day</p> <p>LAST Thursday<br/>each month<br/>\$5 soup + bun<br/>Pearkes Rec 12 - 2pm</p> | <p>29</p> <p>2:00 to 2:30pm @<br/><a href="http://www.coopradio.org">www.coopradio.org</a></p>   | <p>30</p> <p>Oak Bay Rec<br/>11:30 - 1:00<br/>FREE!</p>                |  |   |
| <p>31</p>   | <p>\$3.00 Drop-in fitness health programs:</p> <p>Pearkes GYM Mon - Fri 1:00 &amp; 3:30pm<br/>GordonHead GYM Mon, Wed, Fri 12:00 &amp; 2:30pm<br/>Pearkes SKATE Mon, Wed 3:15 to 4:15pm;<br/>Gordon Head SWIM Sat &amp; Sun 11:00am to 12noon</p>   |  |  |   | <p>Adapted Fitness<br/>@ the Vic West<br/>Community Assoc.<br/>\$2.00 - EVERY MONDAY<br/>11:15am-12:00pm</p>   | <p>Moss street Market Saltspring Island<br/>Goldstream Market Saturday Market<br/>Every Saturday<br/>Metchosin Market<br/>Every Sunday</p>                  | <p>International Group B Strep Awareness Month</p> | <p>Find us on Facebook</p> <p>H.O. # 250.727.3891</p>  <p><b>BeConnected</b><br/>Support Services Ltd.<br/>Ready. Support. Go.</p> |