




# June 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>June is: ALS Awareness Month  ; Brain Injury Awareness Month  ; National Spina Bifida and Hydrocephalus Awareness Month  ; and Stroke Awareness Month .</p> <p><i>uy' ye' thut ch 'u' suw ts'its'uwatul' ch</i> (be kind and you help each other) - Coast Salish Proverb</p>				<p><b>1</b></p> <p>Community Hot Lunch @ Quadra Village Community Centre \$3 12-12:30pm</p>	<p><b>2</b></p> <p>Colwood Waterfront – Every Fri &amp; Sat from May to Sept food trucks and live music from 12-8pm</p> <p>Salt Spring Island Job Fair Lion's Hall 10am-2pm</p> <p>Oak Bay Tea Party Midway Wristband Night 4-9pm</p> <p><b>Bike to Work Week</b></p>	<p><b>3</b></p> <p><b>Integrated Swim</b> Oak Bay FREE - 11:30am-1pm</p> <p><b>National Health &amp; Fitness Day</b></p> <p>Oak Bay Tea Party Willows Beach 7am-10pm Fireworks at 10pm</p> <p><b>Access Awareness Day</b> FREE drop in programs ALL DAY at Panorama Rec &amp; Greenglade Community Centre</p>
<p><b>4</b></p> <p><b>Pentecost</b> † National Cancer Survivors Day</p> <p>Oak Bay Tea Party Willows Beach 7am-7pm</p> <p>Vancouver Island Car Show Duncan A&amp;W 9am-2pm</p> <p>World's Largest Street Hockey Tournament Ladysmith 10am-8pm</p> <p>Happy Birthday Alex</p>	<p><b>5</b></p> <p><b>Whit Monday</b> †</p> <p>Adapted Fitness \$2 @Vic West Centre 11:15am-12:00pm</p>	<p><b>6</b></p> <p><b>TOBACCO FREE TUESDAYS</b></p> <p>Free Legal Clinic Burnside Gorge Centre 471 Cecelia Rd 2pm-3pm</p>	<p><b>7</b></p> <p>Free Legal Clinic Quadra Village Centre 901 Kings Rd 2pm-3pm</p> <p>JDF Social Club Dance 7:00-8:30</p>	<p><b>8</b></p> <p>World Oceans Day</p> <p>Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm</p>	<p><b>9</b></p> <p>Operation Trackshoes Weekend</p> <p>Full Moon</p>	<p><b>10</b></p> <p><b>Integrated Swim</b> FREE - 11:30am-1:00pm</p> <p>Happy Birthday Will</p> <p>Superhero Outdoor Movie Night – Greenglade Community Centre - 8-10pm Bring blankets and chairs!</p>
<p><b>11</b></p> <p><b>Trinity Sunday</b> †</p> <p>Operation Trackshoes</p> <p>Happy Birthday Chrystal</p> <p>Vancouver Island Comic Con Mary Winspear Centre 10am-8pm By donation</p>	<p><b>12</b></p> <p>Adapted Fitness \$2 @Vic West Centre 11:15am-12:00pm</p> <p><b>craft night</b> 6-7:30 @ Head Office</p> <p>Happy Birthday Christy</p>	<p><b>13</b></p> <p>Free Legal Clinic Burnside Gorge Centre 2-3pm</p>	<p><b>14</b></p> <p>World Blood Donor Day</p> <p>Happy Birthday Badru</p> <p>James Bay Community Centre Picnic - FREE - 4-7pm entertainment, food, &amp; games</p> <p>JDF Social Club Dance 7:00-8:30</p>	<p><b>15</b></p> <p>Corpus Christi †</p> <p>Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm</p>	<p><b>16</b></p> <p>Aboriginal Cultural Festival Royal BC Museum 11am-6pm FREE</p> <p>Happy Birthday Jenny</p>	<p><b>17</b></p> <p><b>Integrated Swim</b> FREE - 11:30am-1:00pm</p> <p>Aboriginal Cultural Festival Royal BC Museum 11am-6pm FREE</p> <p>FernFest Fernwood Square FREE – 9am-10pm Pancake breakfast, music, &amp; more</p> <p><b>BC Challenger Jamboree</b> Winskill Park, Delta, Vancouver</p>
<p><b>18</b></p> <p><b>Father's Day</b></p> <p>Aboriginal Cultural Festival Royal BC Museum 11am-6pm FREE</p>	<p><b>19</b></p> <p>World Sickle Cell Day</p> <p>Adapted Fitness \$2 @Vic West Centre 11:15am-12:00pm</p>	<p><b>20</b></p> <p>Summer Solstice</p> <p>First Day of Summer </p> <p>Cowichan Valley SABF Summer BBQ Meet @ the library @ 11:00, will carpool to Glenora Park</p>	<p><b>21</b></p> <p>Laylat al-Qadr <b>National Aboriginal Day</b></p> <p>Westshore Aboriginal Day Westshore Parks &amp; Rec Lower Field 10am-2pm</p> <p>Happy Birthday Tara</p> <p>JDF Social Club Dance 7:00-8:30 Last Dance until the fall!</p>	<p><b>22</b></p> <p>Wed 21<sup>st</sup> Aboriginal Day Event Victoria Native Friendship Centre (time TBA)</p> <p>Wed 21<sup>st</sup> Coast Capital Swim FREE – Panorama Rec 6:00-7:30pm</p> <p>Music, Arts/Culture, Local Food and Beverage – Harbour Stage, Ship Point, Inner Harbour - FREE admission</p>	<p><b>23</b></p> <p>New Moon</p>	<p><b>24</b></p> <p><b>Integrated Swim</b> FREE - 11:30am-1:00pm</p> <p>Driftwood Day BBQ at Royal Bay Beach Park 11am-4pm</p> <p>Paint the Town Red &amp; White Street Party Downtown Sidney - 6-9pm</p>
<p><b>25</b></p> <p>Helen Keller Deaf-Blind Awareness Week</p> <p>Community Dinner &amp; Games Night @ Oaklands Community Centre 5:30-7:30 - by donation</p>	<p><b>26</b></p> <p>Eid al-Fitr End of Ramadan </p> <p>Adapted Fitness \$2 @Vic West Centre 11:15am-12:00pm</p>	<p><b>27</b></p> <p>Free Legal Clinic Burnside Gorge Centre 2-3pm</p>	<p><b>28</b></p> <p>Happy Birthday Chris</p> <p>Free Legal Clinic Quadra Village Centre 2-3pm</p>	<p><b>29</b></p> <p>School's out for Summer!</p> <p>Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm</p>	<p><b>30</b></p> <p>Sidney Days @ Beacon Park Picnic by donation, cultural performances, live bands, fireworks show 10:15</p> <p>Happy Birthday Trevor</p>	<p><b>1</b></p> <p>Canada Day</p>

11 Days of Live Music, Arts/Culture, Local Food & Beverage – Harbour Stage, Ship Point, Inner Harbour - FREE admission – Opens at 11am daily

## Low Cost Drop In Recreation Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Skate</b> 		<u>West Shore - \$2</u> 10:30-11:20am	<u>SEAPARC Leisure Complex - \$4</u> Roller Skating BYO Roller Skates/Blades 7:00pm-8:30pm	<u>Pearkes - \$3</u> 3:10pm-4:00pm  <u>West Shore - \$2</u> 12:00-12:50pm	<u>West Shore - \$2</u> 1:30-2:30pm		
<b>Swim</b>   *= adults only  Esquimalt Pool closed June 22-July 2	<u>Esquimalt - \$2*</u> 9:00pm-10:30pm  <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3</u> 12:00-2:30pm 9:30-10:30pm*  <u>Crystal Pool - \$2*</u> 7:00pm-9:00pm 9:00-11:00pm  <u>Commonwealth - \$3*</u> 9:00pm-10:00pm  <u>Esquimalt - \$2*</u> 9:00pm-10:30pm  <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>West Shore - \$2</u> 7:30-8:30pm  <u>Commonwealth - \$3*</u> 9:00-10:00pm  <u>Esquimalt - \$2*</u> 9:00pm-10:30pm  <u>Crystal Pool - \$2*</u> 9:30pm-11:00pm  <u>Gordon Head - \$3</u> 9:30-10:30pm*  <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3</u> 12:00-2:30pm 9:30-10:30pm*  <u>Commonwealth - \$3*</u> 9:00-10:00pm  <u>Esquimalt - \$2*</u> 9:00pm-10:30pm  <u>Crystal Pool - \$2*</u> 9:00pm-11:00pm  <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>SEAPARC Leisure Complex - \$2</u> 10:30am-12:30pm  <u>West Shore - \$2</u> 7:30-8:30pm  <u>Commonwealth - \$3*</u> 9:00-10:00pm  <u>Esquimalt - \$2*</u> 9:00pm-10:30pm  <u>Gordon Head - \$3</u> 9:30-10:30pm*  <u>Crystal Pool - \$2*</u> 9:30pm-11:00pm  <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3</u> 12:00-2:30pm  <u>Commonwealth - \$3*</u> 9:00-10:00pm  <u>Oak Bay - \$3</u> 11:00pm-12:30am  <u>Esquimalt - \$2/\$3</u> 7:00pm-9:00pm (\$3) 9:00pm-10:30pm (\$2)*	<u>SEAPARC Leisure Complex - \$2</u> 10:30am-12:30pm  <u>Commonwealth - \$3</u> 4:00pm-6:00pm  <u>Oak Bay - \$3</u> 11:00pm-12:30am
<b>Weight Room</b> 		<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm  <u>Gordon Head - \$3</u> 12:00-2:30pm 9:30-10:30pm  <u>West Shore - \$5</u> 5:15pm-6:00pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm  <u>Gordon Head - \$3</u> 9:30-10:30pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm  <u>Gordon Head - \$3</u> 12:00-2:30pm 9:30-10:30pm  <u>West Shore - \$5</u> 5:15pm-6:00pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm  <u>Gordon Head - \$3</u> 9:30-10:30pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm  <u>Gordon Head - \$3</u> 12:00-2:30pm	

Drop in's may be cancelled for special events.