












July 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">Canada Day Activities</p> <p>Gorge Canada Day Picnic - 8:30am-4:00pm \$3 Pancake Breakfast (morning); \$3 Strawberries, Cake, & Beverage (afternoon); Parade; Market; Art; Car Show; \$2 Canoe Rides; Music; Entertainment; Multicultural Food Vendors; drop in Road Hockey; and MORE!</p> <p>BC Legislature - 11:00am-10:30pm Family Zone; Food Trucks; Coast Capital Living Flag; Live Music; Firework Show @ 10:20pm</p> <p>Fort Rodd Hill - 11:00am-4:00pm Music, free piece of the HUGE Canada Day cake, activities, food and more!</p> <p align="center"><i>Canada is the homeland of equality, justice, and tolerance</i> – Kim Campbell, 19th Prime Minister of Canada</p>						<p align="center">1 Canada Day</p> <p align="center">Canada turns 150!</p>  <p>Sensory Friendly Movie Screening: Cars 3 Cineplex Westshore 10:30 am \$8.99</p>
<p align="center">2</p>	<p align="center">3</p>	<p align="center">4</p> <p align="center">TOBACCO FREE TUESDAYS</p> <p align="center">craft night 6-7:30 @ Head Office</p> <p align="center">Free Legal Clinic Burnside Gorge Centre 471 Cecelia Rd 2pm-3pm</p>	<p align="center">5</p> <p align="center">Free Legal Clinic Quadra Village Centre 901 Kings Rd 2pm-3pm</p>	<p align="center">6</p> <p align="center">Community Hot Lunch @ Quadra Village Community Centre \$3 12-12:30pm</p>	<p align="center">7</p> <p align="center"> <i>(Saturday and Sunday)</i></p> <p align="center">Festival Mexicano - FREE Centennial Square 12-5pm (Latin dance, live music, mariachi band and folklore dancers)</p>	<p align="center">8</p> <p align="center">Integrated Swim Oak Bay FREE - 11:30am-1pm</p> <p align="center">BeConnected Family & Friends Aboriginal Day BBQ 11:30-1:30 @ Centennial Park</p> <p align="center"></p> <p align="center">○ Full Moon</p>
VICTORIA PRIDE WEEK						
<p align="center">9</p> <p align="center"> Victoria Pride Parade Downtown Victoria 11am-12pm</p> <p align="center">Victoria Pride Festival MacDonald Park 12pm-6pm Entertainment, food, vendors</p> <p align="center">Saanich Strawberry Festival Beaver Lake Park 11-3 FREE activities; music; 50c strawberries & ice cream (1-3pm)</p>	<p align="center">10</p>	<p align="center">11</p> <p align="center">Music in the Park 6-8pm Majestic Park</p> <p align="center">SABF Annual Spring Fling Gorge Kinsmen Park 11:30 – 1:00</p> <p align="center">Free Legal Clinic Burnside Gorge Centre 2-3pm</p>	<p align="center">12</p> <p align="center">Outdoor Cinema Stand By Me Bullen Park - FREE Sunset (~9:00pm)</p> <p align="center">Fresh Air Cinema - Sing Cowichan Sportsplex - FREE Sunset (~9:00pm)</p> <p align="center">Free Legal Clinic Quadra Village Centre 2-3pm</p>	<p align="center">13</p> <p align="center">Neighbourhood Nights @ Royal Bay Beach Park Games, Activities, & Crafts 6-8pm</p> <p align="center">Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm</p>	<p align="center">14</p>	<p align="center">15</p> <p align="center">Integrated Swim Oak Bay FREE - 11:30am-1pm</p> <p align="center">Fresh Air Cinema - Moana Westshore Park - FREE Sunset (~9:00pm)</p> <p align="center">Eats and Beats @ Esquimalt Lagoon Food Trucks & Music 1-9pm</p>
Victoria Buskers Festival						
<p align="center">16</p> <p align="center"> Heritage Day Farmer's Institute (Salt Spring Island) 11am - 3pm FREE</p> <p align="center">Victoria Buskers Festival</p>	<p align="center">17</p>	<p align="center">18</p> <p align="center">Music in the Park 6-8pm Beckwith Park</p> <p align="center">Summer Skate Fest @ Sooke Skate Park FREE - 2-4pm (food, giveaways, music, demos)</p> <p align="center">Free Legal Clinic Burnside Gorge Centre 2-3pm</p>	<p align="center">19</p> <p align="center">Free Legal Clinic Quadra Village Centre 2-3pm</p>	<p align="center">20</p> <p align="center"> Men's Club Go Karting at Western Speedway @ 11:00am</p> <p align="center">Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm</p>	<p align="center">21</p>	<p align="center">22</p> <p align="center">Integrated Swim Oak Bay FREE - 11:30am-1pm</p> <p align="center">Clothing Swap @ Fairfield Community Place 10am-1pm</p>
<p align="center">23</p> <p align="center">● New Moon</p>	<p align="center">24</p>	<p align="center">25</p> <p align="center">Music in the Park 6-8pm Brydan Park</p> <p align="center">Free Legal Clinic Burnside Gorge Centre 2-3pm</p>	<p align="center">26</p> <p align="center"> Outdoor Cinema Meet the Fockers Bullen Park - FREE Sunset (~8:45pm)</p> <p align="center">Free Legal Clinic Quadra Village Centre 2-3pm</p>	<p align="center">27</p> <p align="center"> Women's Club Ogden Point Breakwater Walk 6-7:30pm (Meet outside the restaurant)</p> <p align="center">Community Hot Lunch @ Quadra Village Centre \$3 12-12:30pm</p>	<p align="center">28</p> <p align="center">World Hepatitis Day</p>	<p align="center">29</p> <p align="center">Integrated Swim Oak Bay FREE - 11:30am-1pm</p>
<p align="center">30</p>	<p align="center">31</p>	<p align="center">30</p> <p align="center">Music in the Park 6-8pm Brydan Park</p> <p align="center">Free Legal Clinic Burnside Gorge Centre 2-3pm</p>	<p align="center">31</p> <p align="center">Free Legal Clinic Quadra Village Centre 2-3pm</p>	<p align="center">31</p>	<p align="center">31</p>	<p align="center">31</p>

Low Cost Drop In Recreation Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Skate 		<u>West Shore - \$2</u> 10:30-11:20am	<u>Pearkes - \$3</u> 3:15pm-4:15pm	<u>West Shore - \$2</u> 12:00-12:50pm	<u>West Shore - \$2</u> 1:30-2:30pm <u>Pearkes - \$3</u> 3:15pm-4:15pm		<u>West Shore - \$2</u> 10:45-11:45am
Swim  * = adults only	<u>Gordon Head - \$3</u> 10:00am-12:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Crystal Pool - \$2*</u> 7:00pm-9:00pm 9:00-11:00pm <u>Gordon Head - \$3*</u> 9:00-10:00pm <u>Commonwealth - \$3*</u> 9:00pm-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>West Shore - \$2</u> 7:30-8:30pm <u>Commonwealth - \$3*</u> 9:00-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Gordon Head - \$3*</u> 9:00-10:00pm <u>Crystal Pool - \$2*</u> 9:30pm-11:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head - \$3*</u> 9:00-10:00pm <u>Commonwealth - \$3*</u> 9:00-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Crystal Pool - \$2*</u> 9:00pm-11:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>SEAPARC Leisure Complex - \$2</u> 7:00am-9:00pm <u>West Shore - \$2</u> 7:30-8:30pm <u>Commonwealth - \$3*</u> 9:00-10:00pm <u>Esquimalt - \$2*</u> 9:00pm-10:30pm <u>Gordon Head - \$3*</u> 9:00-10:00pm <u>Crystal Pool - \$2*</u> 9:30pm-11:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>Gordon Head</u> 1:00pm-4:00pm FREE! <u>Esquimalt - \$2/\$3</u> 7:00pm-9:00pm (\$3) 9:00pm-10:30pm (\$2)* <u>Commonwealth - \$3*</u> 9:00pm-10:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am	<u>SEAPARC Leisure Complex - \$2</u> 10:30am-12:30pm <u>Gordon Head - \$3</u> 11:00am-12:00pm <u>Oak Bay - \$3</u> 11:00pm-12:30am
Weight Room 		<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3</u> 9:00-10:00pm <u>West Shore - \$5</u> 5:15pm-6:00pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3</u> 9:00-10:00pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3</u> 9:00-10:00pm <u>West Shore - \$5</u> 5:15pm-6:00pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm <u>Gordon Head - \$3</u> 9:00-10:00pm	<u>Pearkes - \$3</u> 6:00-7:30am 1:00-3:30pm	

Drop in's may be cancelled for special events.