






















# September 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September is: <ul style="list-style-type: none"> <li>Arthritis Awareness Month</li> <li>Leukemia and Lymphoma Awareness Month</li> <li>Muscular Dystrophy Month</li> <li>Ovarian Cancer Awareness Month</li> <li>Reye's Syndrome Awareness Month</li> <li>Sickle Cell Disease Awareness Month</li> </ul> <p><i>"the things that make me different are the things that make me ME" - Piglet, A.A. Milne</i></p>					1	2  <p><b>Eid-al-Adha</b></p> <p>Saanich Fair Saanich Fairgrounds \$13 Admission Sat-Mon</p> <p><b>Integrated Swim</b>  FREE - 11:30am-1:00pm</p>
3  <p><b>Happy Birthday</b> Rosalyn</p>	4 <b>Labour Day</b>	5  <p>Full Moon</p> <p> <b>Back to School!</b></p> <p><b>Free Legal Clinic</b> Burnside Gorge Centre 471 Cecelia Rd 2pm-3pm</p> <p><b>TOBACCO FREE TUESDAYS</b></p>	6 <b>Free Legal Clinic</b> Quadra Village Centre 901 Kings Rd 2pm-3pm	7 <b>Community Hot Lunch</b> @ Quadra Village Community Centre \$3 12-12:30pm	8 <b>FASD Awareness Day</b> @ Victoria Native Friendship Centre 9am-3pm	9 <b>Fetal Alcohol Syndrome Awareness Day</b> <p><b>Highlands Family Fling</b> Caleb Pike Heritage Park 12:00-5:00pm Music, games, market, &amp; food!</p> <p><b>Integrated Swim</b>  FREE - 11:30am-1:00pm</p>
10 <b>Suicide Prevention Day</b>  <b>Metchosin Day 50<sup>th</sup> Anniversary</b> Free Admission 8am-6:30pm Metchosin Municipal Grounds Food, entertainment, & market	11 <b>Craft Night</b> 6-7:30 @ Head Office  <b>Adapted Fitness</b> \$2 @Vic West Community Centre 11:15am-12:00pm	12  <p><b>SABF</b> St. Aiden's Church 11:30 – 1:00</p> <p><b>Free Legal Clinic</b> Burnside Gorge Centre 2-3pm</p>	13 <b>String Ensemble Angelorum</b> (Inclusive Orchestra) @ Alex Goolden Hall 7:30pm by donation	14 <b>Community Hot Lunch</b> @ Quadra Village Centre \$3 12-12:30pm	15 <b>World Lymphoma Awareness Day</b>   <b>1 day until One Day!</b> Pack your sunscreen, lawn chairs, & water bottles and be prepared for a fun filled day!	16  <p><b>ONEDAY</b> Topaz Park 10am-3pm</p> <p><b>Integrated Swim</b>  FREE - 11:30am-1:00pm</p>
17 <b>Colwood Seaside Festival</b> Free Admission 10-4pm Fort Rodd Hill & Figgard Lighthouse National Historic Site	18 <b>Non Instructional Day SD61 &amp; SD62</b>   <b>Adapted Fitness</b> \$2 @Vic West Community Centre 11:15am-12:00pm	19  <p>New Moon</p> <p> <b>Cowichan Valley SABF</b> Duncan Library 12:00 – 1:30</p> <p><b>Free Legal Clinic</b> Burnside Gorge Centre 2-3pm</p>	20 <b>SPC @11</b> <b>CCComm @ 1</b> We Speak Translate Presentation by ICA	21 <b>Rosh Hashana</b>  (Jewish New Year)	22 <b>Muharram</b>  (Islamic New Year)	23 <b>Fall FAIRfield</b> @ Fairfield Community Place Music, dancing, & food trucks Free 2-6pm
24	25 <b>International Ataxia Awareness Day</b>  <b>Adapted Fitness</b> \$2 @Vic West Community Centre 11:15am-12:00pm	26 <b>Free Legal Clinic</b> Burnside Gorge Centre 2-3pm	27 <b>L.I.F.E Swim - FREE</b> 7-9pm @Crystal Pool	28  <p><b>Happy Birthday</b> Kyle</p> <p><b>Community Hot Lunch</b> @ Quadra Village Centre \$3 12-12:30pm</p>	29 <b>World Heart Day</b>  <b>National Seniors Day</b>	30 <b>Yom Kippur</b>   <b>Moon Festival Lantern Celebration</b> Gordon Head Rec Centre Free 5-8:30pm
			27 <b>Movie @ the Market - E.T.</b> Hudson Public Market 7pm – by donation \$2 Popcorn			
			 <p><b>Happy Birthday</b> George</p> <p><b>JDF Social Club Dance</b> 7:00-8:30</p>			

## Low Cost Drop In Recreation Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Skate</b>  Effective Sept 18th		<u><b>West Shore - \$2</b></u> 10:30-11:20am  <u><b>Pearkes - \$3</b></u> 3:15-4:15pm	<u><b>SEAPARC Leisure Complex - \$2</b></u> 11:30am-12:45pm  <u><b>Save on Foods - \$2</b></u> 3:00-4:15pm	<u><b>Pearkes - \$3</b></u> 3:15-4:15pm	<u><b>West Shore - \$2</b></u> 12:00-12:50	<u><b>West Shore - \$2</b></u> 1:30-2:30	
<b>Swim</b>  * = adults only	<u><b>Gordon Head - \$3</b></u> 10:00am-12:00pm  <u><b>Esquimalt - \$2*</b></u> 9:00pm-10:30pm  <u><b>Oak Bay - \$3</b></u> 11:00pm-12:30am  <u><b>SEAPARC Leisure Complex - \$2</b></u> 11:00am-12:30pm	<u><b>Commonwealth - \$3*</b></u> 5:30-7:15am 9:00pm-10:00pm  <u><b>SEAPARC Leisure Complex - \$3</b></u> 8:00-9:00pm  <u><b>Crystal Pool - \$2*</b></u> 9:00-11:00pm  <u><b>Gordon Head - \$3</b></u> 12:00-2:30pm 9:30-10:30pm*  <u><b>Esquimalt - \$2*</b></u> 9:00pm-10:30pm  <u><b>Oak Bay - \$3</b></u> 11:00pm-12:30am	<u><b>Commonwealth - \$3*</b></u> 5:30-7:15am 9:00pm-10:00pm  <u><b>West Shore - \$2</b></u> 7:30-8:30pm  <u><b>SEAPARC Leisure Complex - \$3</b></u> 8:00-9:00pm  <u><b>Esquimalt - \$2*</b></u> 9:00pm-10:30pm  <u><b>Gordon Head - \$3*</b></u> 9:30-10:30pm  <u><b>Crystal Pool - \$2*</b></u> 9:30pm-11:00pm  <u><b>Oak Bay - \$3</b></u> 11:00pm-12:30am	<u><b>Commonwealth - \$3*</b></u> 5:30-7:15am 9:00pm-10:00pm  11:30am-1:00pm - \$2 8:00-9:00pm - \$3  <u><b>Gordon Head - \$3</b></u> 12:00-2:30pm 9:30-10:30pm*  <u><b>Esquimalt - \$2*</b></u> 9:00pm-10:30pm  <u><b>Crystal Pool - \$2*</b></u> 9:00pm-11:00pm  <u><b>Oak Bay - \$3</b></u> 11:00pm-12:30am	<u><b>Commonwealth - \$3*</b></u> 5:30-7:15am 9:00pm-10:00pm  <u><b>SEAPARC Leisure Complex - \$2</b></u> 7:00-9:00pm  <u><b>West Shore - \$2</b></u> 7:30-8:30pm  <u><b>Esquimalt - \$2*</b></u> 9:00pm-10:30pm  <u><b>Gordon Head - \$3*</b></u> 9:30-10:30pm  <u><b>Crystal Pool - \$2*</b></u> 9:30pm-11:00pm  <u><b>Oak Bay - \$3</b></u> 11:00pm-12:30am	<u><b>Commonwealth - \$3*</b></u> 5:30-7:15am 9:00pm-10:00pm  <u><b>Gordon Head - \$3</b></u> 12:00-2:30pm  <u><b>Esquimalt - \$2/\$3</b></u> 7:00pm-9:00pm (\$3) 9:00pm-10:30pm (\$2)*  <u><b>Commonwealth - \$3</b></u> 9:00-10:00pm (13+)  <u><b>Oak Bay - \$3</b></u> 11:00pm-12:30am	<u><b>Gordon Head - \$3</b></u> 11:00am-12:00pm  <u><b>Oak Bay - \$3</b></u> 11:00pm-12:30am  <u><b>Commonwealth - \$3</b></u> 4:00-6:00pm
<b>Weight Room</b> 		<u><b>Pearkes - \$3</b></u> 6:00-7:30am 1:00-3:30pm  <u><b>Gordon Head - \$3</b></u> 12:00-12:30pm 9:30-10:30pm	<u><b>Pearkes - \$3</b></u> 6:00-7:30am 1:00-3:30pm  <u><b>Gordon Head - \$3</b></u> 9:30-10:30pm	<u><b>Pearkes - \$3</b></u> 6:00-7:30am 1:00-3:30pm  <u><b>Gordon Head - \$3</b></u> 12:00-12:30pm 9:30-10:30pm	<u><b>Pearkes - \$3</b></u> 6:00-7:30am 1:00-3:30pm  <u><b>Gordon Head - \$3</b></u> 9:30-10:30pm	<u><b>Pearkes - \$3</b></u> 6:00-7:30am 1:00-3:30pm  <u><b>Gordon Head - \$3</b></u> 12:00-12:30pm	

All efforts are made to ensure this calendar is up to date however recreation centres are subject to change and may cancel drop in's for special events.