

JUNE 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Social Media Challenge! Take a photo that shows you celebrating a wacky holiday! Send them in for a chance to be featured on our social media pages!</p>	<p>1 Say Something Nice Day!</p> <p>Whit Monday † Announcing the winner of the BSS Spring Food Drive. Stay Tuned!</p> <p>National AccessAbility Week</p>	<p>2</p> <p>Tech Tuesday: Need help getting connected online? co make do has put together resources on how to access Zoom, Facetime, and Messenger!</p>	<p>3 Red Shirt Day</p> <p>Show your support for National AccessAbility Week by wearing red!</p>	<p>4 Hug Your Cat Day</p> <p>Tour Thursday: Take of virtual tour of the Pyramids of Giza</p> <p> Happy Birthday Alex</p>	<p>5 Doughnut Day</p> <p>Art Therapy  via Zoom 1-2pm</p> <p>○ Full Moon</p>	<p>6</p>
<p>7 Trinity Sunday †</p> <p> Happy Birthday Adam</p>	<p>8 Best Friends Day</p> <p>Spend time with your bestie! If you can't visit in person, visit with a phone call, video call, or text!</p> <p>World Oceans Day</p>	<p>9 Donald Duck Day</p> <p>Tech Tuesday SABF  via Zoom 11:00am</p>	<p>10 Iced Tea Day</p> <p>Workout Wednesday: Find a new trail and go for a walk</p> <p> Happy Birthday William</p>	<p>11 Corpus Christi †</p> <p>Tour Thursday: Go for a (virtual) walk along the Great Wall of China!</p>	<p>12</p> <p>FREE Virtual Workshop Breathing Wellness into Supportive Relationships 102 via Zoom. Register at bit.ly/SIECSpring20</p> <p> Happy Birthday Christy</p>	<p>13</p>
<p>14 World Blood Donor Day</p>	<p>15 Nature Photography Day</p> <p>Get outside and enjoy the great outdoors!</p>	<p>16</p> <p>Tech Tuesday: Try making a video call with friends or family</p> <p> Happy Birthday Jenny</p>	<p>17</p> <p>Workout Wednesday: Take an after dinner walk around the neighbourhood.</p>	<p>18 Picnic Day</p> <p>If joining friends make sure to stay 6ft apart on your own blanket!</p> <p>Tour Thursday: Take a virtual stroll through a traditional English garden.</p>	<p>19 World Sickle Cell Day</p> <p>Art Therapy  via Zoom 1-2pm</p>	<p>20 Juggling Day</p> <p>First Day of Summer (Summer Solstice)</p> <p></p> <p>● New Moon</p>
<p>21 Father's Day</p> <p>National Indigenous People's Day Although we cannot have our usual picnic, we have an exciting activity coming your way!</p> <p> Happy Birthday Tara</p>	<p>22 Onion Ring Day</p>	<p>23</p> <p>Tech Tuesday: Check out the Disneyland Paris Instagram account to take a virtual ride on Big Thunder Mountain or watch The Lion King Musical!</p>	<p>24</p> <p>Workout Wednesday: Take a walk along the beach or breakwater.</p>	<p>25 Last Day of School</p> <p>Tour Thursday: Go for a virtual dive in Monterey Bay California.</p>	<p>26</p> <p>Art Therapy  via Zoom 1-2pm</p>	<p>27</p>
<p>28</p> <p> Happy Birthday Chris</p>	<p>29</p>	<p>30</p> <p>Tech Tuesday: Enjoy the Virtual Sprout Film Festival – showcasing films featuring people with disabilities.</p>	<p>BSS OPUS Activity Virtual tie-dye session! Stay tuned for more information.</p>	<p>For a limited time join Shelley for a live sing-a-long Fridays, Saturdays, and Sundays at 1pm. Find her on Facebook @joinusalready</p>	<p>Action for Happiness has developed a Coping Calendar with 30 different actions people can take to look after themselves and each other. bit.ly/copingcal</p>	<p>June is an awareness month for: ALS Brain Injury Stroke Spina Bifida and Hydrocephalus</p>