

Option A:

Keep being Covid safe

Washing hands, wearing masks, social distancing

Benefits:



Keeping away from Covid-19

Keeping ourselves safe

Keeping the people around us safe

Risks & burdens:



Lower health and well-being

Possible exposures to Covid



Less activities and support

Feeling down and not your best

Covid fatigue



Catching Covid-19

Hospitalization

Isolation

Death from Covid-19

It's your choice

We're all in this together.



Option B:

Get the Covid-19 vaccine

Benefits:



Less chance of catching Covid-19

Helps us fight off difficult symptoms

Keeps our bodies strong and healthy



The vaccine is safe for most people

One step closer to safer hugs

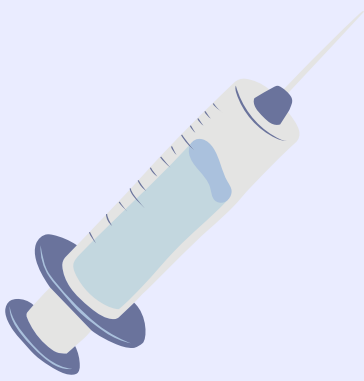


Protecting each other

More supports

More social activities

Risks & burdens:



Fear of needles

Choosing the right time and place

1% chance of severe symptoms
(non-life threatening)



Allergic reaction (1 in 100,000)

Unknown long-term side effects

It's your choice

We're all in this together.

