
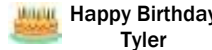

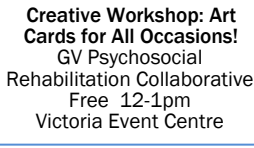
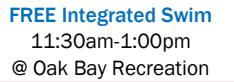

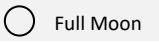

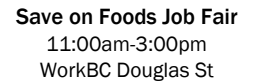
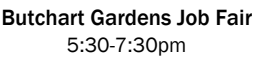
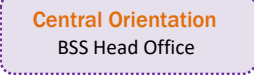
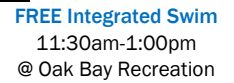
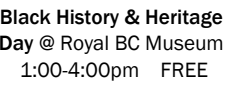
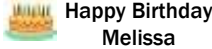


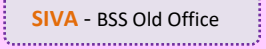
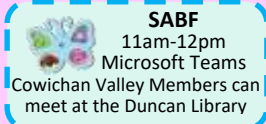



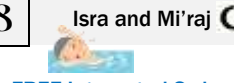

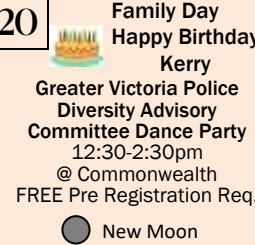


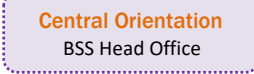
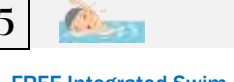



February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Black History Month The theme for 2023 is "Ours to Tell" This theme represents both an opportunity to engage in open dialogue and a commitment to learning more about the stories Black communities in Canada have to tell about their histories, successes, sacrifices, and triumphs.		National Heart Month Make heart healthy choices this month such as: quitting smoking, eating a healthy and balanced diet, getting enough sleep, & exercising.	1 	2 Groundhog Day 	3 Happy Birthday Morgan 	4  11:30am-1:00pm @ Oak Bay Recreation  February 3-12 www.victoriafilmfestival.com
5 	6 Tu B'Shevat (Arbor Day) 	7	8	9  11:00am-3:00pm WorkBC Douglas St  5:30-7:30pm	10 	11  11:30am-1:00pm @ Oak Bay Recreation  1:00-4:00pm FREE
12  	13 	14 Valentines Day  	15 National Flag of Canada Day 	16 	17 	18  11:30am-1:00pm @ Oak Bay Recreation 
19	20 	21 Shrove Tuesday †	22 Ash Wednesday † 	23 	24 	25  11:30am-1:00pm @ Oak Bay Recreation
26 	27	28	29	