






AGENDA – Tuesday February 14th, 2023

11:00am—12:00pm

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1	 <p>Welcome to SABF’s February 2023 Meeting! Are there any new people joining us today?</p>
2	 <p>10 Core Values of SABF – presented by SABF Cowichan Valley</p>
3	Earl’s Weather Report
4	Andrea’s Sign of the Month
5	Virginia’s Hul’qumi’num Word of the Month
6	<p>Michelle Goos – talking about the BC People First Conference, Getting Our Voices Heard! Self-Advocates Learning & Taking Action Together, in Surrey BC on March 4th</p> 
7	Does anyone else have something they would like to share? (Maybe about any Valentines plans?)
8	<p>February is Black History Month – Each February we recognize and celebrate the achievements and contributions of black Canadians and their communities who have done so much to make Canada the diverse and prosperous nation it is today!</p> <p>Stephanie is going to tell us about her experiences as a black Canadian, what BHM means to Stephanie, and what she’d like us to know about her experiences as a black woman.</p>
9	<p>Let’s Play February-Cultural-and-Other-Special-Dates BINGO!!</p> <p>B – Lunar New Year</p> <p>I – Valentine’s Day</p>

	<p>N – Family Day</p> <p>G – Black History Month</p> <p>O – Other February 2023 Special Dates</p>
10	<p>Meeting Adjourned</p> <ul style="list-style-type: none">• Photo?• Next meeting March 21st, 2022