

# February 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>February is Black History Month</b></p>  <p><b>"Black Excellence: A Heritage to Celebrate; a Future to Build"</b></p>	<p><b>National Heart Month</b></p>  <p>Make heart healthy choices this month such as: quitting smoking, eating a healthy and balanced diet, getting enough sleep, &amp; exercising.</p>	<p><b>Lego Exhibition</b></p> <p>@ the Sidney Museum On display until April 1 10am-4pm daily admission by donation</p> 	<p><b>1</b></p> <p><b>Happy Birthday Tyler</b></p> <p><b>Community Soup Lunch</b></p> <p>Victoria Native Friendship Centre Every Friday 12pm-1pm FREE</p>	<p><b>2</b></p> <p><b>Groundhog Day</b></p> <p><b>Music Therapy</b></p> <p>@ Tamarack Every Friday 11:00-12:00</p> 	<p><b>3</b></p> <p><b>Happy Birthday Morgan</b></p> <p><b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Recreation</p> <p><b>2.99 Movie: Lego Movie.</b> 11:15 am @ Cineplex</p> <p><b>Muslim Women Only Swim</b> 9:00-10:30pm @ Gordon Head Rec</p>	
<b>4</b>	<b>5</b>	<p><b>6</b></p> <p><b>Free Legal Clinic</b></p> <p>Burnside Gorge Centre Every Tuesday from 2-3pm 15 min. phone apt. Call 250.388.5251 to book</p>	<p><b>7</b></p> <p><b>Isra and Mi'raj</b></p> <p><b>Soup and Suds</b></p> <p>Launchpad 12pm-4pm</p> 	<b>8</b>	<p><b>9</b></p> <p><b>New Moon</b></p>	<p><b>10</b></p> <p><b>Lunar New Year</b></p> <p><b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Rec</p> <p><b>2SLGBTQ+ Swim</b> 9pm @ Gordon Head Rec</p> 
<b>11</b>	<p><b>12</b></p> <p><b>SPG Society Monthly Movie: Ferris Bueller's Day Off</b></p> <p>Free 6-9pm Pizza, Coffee, &amp; Tea</p> <p><b>Happy Birthday Melissa</b></p>	<p><b>13</b></p> <p><b>† Shrove Tuesday</b></p> <p><b>SIVA - BSS Old Office</b></p> <p><b>SABF</b> 11:30am-1pm Esquimalt Gorge Pavilion</p>	<p><b>14</b></p> <p><b>† Ash Wednesday</b></p> <p><b>Valentines Day</b></p> <p><b>SIVA - BSS Old Office</b></p> <p><b>OPUS Event</b> Valentines Pancake Party! 10:30-12:30 @ Tamarack</p>	<b>15</b>	<p><b>16</b></p> <p><b>pro-d day</b></p> <p><b>\$2 Skate 1-2:20pm</b> <b>\$2 Swim 1:30-4pm</b> @ Panorama</p>	<p><b>17</b></p> <p><b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Recreation</p> <p><b>Muslim Men Only Swim</b> 9:00-10:30pm @ Gordon Head Rec</p>
<p><b>18</b></p> <p><b>Lunar New Year Parade</b> 11:30am @ Gates of Harmonious Interest (Chinatown, Downtown Victoria)</p>	<p><b>19</b></p> <p><b>BC Family Day</b></p> <p><b>FREE Swim and Skate</b> BBQ by Donation Esquimalt Rec - See website for more info</p>	<p><b>20</b></p> <p><b>Central Orientation</b> BSS Head Office</p> <p><b>Happy Birthday Kerry</b></p>	<p><b>21</b></p> <p><b>Outreach Drop In</b> 12pm-4pm @ the Launchpad</p>	<b>22</b>	<p><b>23</b></p>	<p><b>24</b></p> <p><b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Recreation</p> <p><b>Full Moon</b></p>
<b>25</b>	<b>26</b>	<b>27</b>	<p><b>28</b></p> <p><b>Pink Shirt Day</b> Stand up to bullying by wearing <b>Pink!</b></p> <p><b>Outreach Drop In</b> 12pm-4pm @ the Launchpad</p>	<b>29</b>	<p><b>Hampton Challenger Baseball Registration</b> available on Team Snap! <a href="https://go.teamsnap.com/forms/407663">https://go.teamsnap.com/forms/407663</a></p> 	