




Agenda
Tuesday March 11th, 2025
***NEW TIME 11:00am—12:00pm**
Esquimalt Gorge Pavilion / Microsoft Teams

1. **Welcome!** Is there anyone new joining us today?
2. SABF's **10 Core Values**
3. **Earl's Weather Report** 
4. **Andrea's Sign of the Month**
5. **Virginia's Hul'qumi'num Word of the Month**
6. Is there anything anyone would like to share?
7. **Presentation from Sam Mason at the British Columbia Community Asset Mapping Network (BCCAMN)** <https://www.bccommunityassetmapping.com>
8. **BCPF Self-Advocacy Conference 2025 Advocacy in Action** Virtual events available March 17th-19th (next week). Zoom registration at <https://www.bcpeoplefirst.com/event-details/advocacy-in-action-bcpf-self-advocate-conference-2025-virtual-online-events>
9. **March Events!**
 - a. Sunday was the Start of **Daylight Savings**! Who likes Daylight Savings Time and who wants to get rid of it? **Table Discussion #1**
 - b. **World Down Syndrome Day** – March 21st. Wear bright and colourful mismatched socks to raise awareness! Observed by the UN since 2012. This year's theme is: *Improve Our Support Systems*
 - c. **Earth Hour** – March 22nd 8:30-9:30. What are some activities we can do during Earth Hour? **Table Discussion #2**
 - d. Any other events people celebrate during March? **International Women's Day, St Patricks Day, Holi, Purim, Purple Day...**
10. Any time left?? – let's play **SANGO!**

*Next Meeting is **Tuesday April 8th** See you there!*

TABLE DISCUSSION #1 - DAYLIGHT SAVINGS TIME



Last Sunday we turned our clocks forward one hour so the sun will rise later in the morning and set later in the evening. This means we experience more daylight in the evening.

How do you feel when the clocks change? Do you experience any challenges or benefits?

Do you like having more light in the evening or in the morning? Why?

If you could decide, would you keep daylight saving time or not? Why?

TABLE DISCUSSION #2 – EARTH HOUR



On Saturday March 22nd at 8:30pm, millions of people across the world will take part in Earth Hour by switching off their lights for an hour!

What are some activities you can do during **Earth Hour** that don't use electricity?

What are some activities we can do to help the environment every day?