






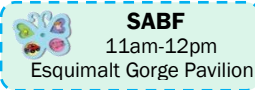




































# November 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November is: Indigenous Disability Awareness Month, <b>CPR Awareness Month</b> , Crohn's and Colitis Awareness Month, Diabetes Awareness Month, Huntington's Awareness Month, Osteoporosis Month, Pancreatic Cancer Awareness Month, Lung Cancer Awareness Month, Fall Prevention Month, National Domestic Violence Awareness Month, <b>November</b> , and Hindu Heritage Month!			 <b>Free Legal Clinic</b> Burnside Gorge Centre Every Tuesday from 2-3pm 15 min. phone apt. Call 250.388.5251 to book		<b>Community Soup Lunch</b> Victoria Native Friendship Centre Every Friday 12pm-1pm FREE 	<b>1 All Saint's Day †</b> <b>Gorge Park Pumpkin Parade</b> Gorge Park (by Orillia) 3-5pm Jack-o-Lantern Drop Off 6-8pm Pumpkin Parade Free Hot Chocolate & Treats
<b>2 Dia de los Muertos</b>  <b>Daylight Savings Time Ends</b>  <b>Happy Birthday Helen</b> 	<b>3</b>  <b>Sensory Swim</b> 1:00-3:00pm @ Gordon Head Rec	<b>4</b>   <b>SABF</b> 11am-12pm Esquimalt Gorge Pavilion  <b>ID Clinic</b> 1:00-3:00pm SVDP Social Concern Office	<b>5</b>  Full Moon  <b>Drop In Floor Hockey</b> 1:00-2:30pm SJ Willis School Gymnasium	<b>6</b>	<b>7</b>  <b>Music Therapy</b> @ Tamarack Every Friday 11:00-12:00 	<b>8 National Aboriginal Veterans Day</b>   <b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Recreation <b>2SLGBTQ+ Swim</b> 9:30-11:00pm @ Gordon Head Rec
<b>9</b> <b>Creative Craft Fair (Fri-Sun)</b> Pearkes Rec Centre \$7 or \$8 for all 3 days Fri 11am-7pm Sat 10am-5pm Sun 10am-4pm	<b>10</b>  <b>Sensory Swim</b> 1:00-3:00pm @ Gordon Head Rec  <b>SPG Society Monthly Movie: The Terminal</b> Free 6-9pm Snacks & Refreshments Eric Martin Pavilion Theatre	<b>11 Remembrance Day</b> Remembrance Day Ceremonies across all municipalities 	<b>12</b>  <b>Anticipated Date for Commonwealth Pool Reopening</b>  <b>Drop In Floor Hockey</b> 1:00-2:30pm SJ Willis School Gymnasium	<b>13</b> <b>Joy of Music</b> 10:30-11:30am McTavish Academy of Art \$5	<b>14</b>  <b>Festival of Trees</b> Nov 14-Dec 31 @ the Bay Centre 	<b>15</b>  <b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Recreation
<b>16</b> <b>Sooke Arts &amp; Crafts Christmas Show (Fri-Sun)</b> Sooke Community Hall Free Admission Fri 12pm-7pm Sat 10am-5pm Sun 10am-4pm	<b>17</b>  <b>Sensory Swim</b> 1:00-3:00pm @ Gordon Head Rec <b>Canada vs Mexico Women's Basketball</b> 7pm Save on Foods Centre Tickets starting at \$15	<b>18</b> <b>SIVA @ the Launchpad</b> 	<b>19</b> <b>SIVA @ the Launchpad</b>  <b>ID Clinic</b> 1:00-3:00pm SVDP Social Concern Office  <b>Drop In Floor Hockey</b> 1:00-2:30pm SJ Willis School Gymnasium	<b>20</b>  New Moon	<b>21</b> <b>Duncan Christmas Kick Off</b> 5-8pm Downtown Duncan Santa, Fireworks, Music, Entertainment, & Treats  <b>pro-d day</b> 	<b>22</b>  <b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Recreation
<b>23</b>	<b>24</b>  <b>Sensory Swim</b> 1:00-3:00pm @ Gordon Head Rec	<b>25</b>  <b>Happy Birthday Bernice</b> 	<b>26</b>  <b>Drop In Floor Hockey</b> 1:00-2:30pm SJ Willis School Gymnasium	<b>27</b>  <b>ID Clinic</b> 1:00-3:00pm GVPL Central Branch	<b>28</b>  	<b>29</b>  <b>FREE Integrated Swim</b> 11:30am-1:00pm @ Oak Bay Recreation
<b>30</b> <b>First Sunday of Advent †</b>				 <b>SAVE THE DATE FOR BECONNECTED'S ANNUAL FRIENDS &amp; FAMILY HOLIDAY LUNCH</b> December 13 <sup>th</sup> at the Four Points by Sheraton Victoria RSVP by November 28 <sup>th</sup> 